Students Selected for PASSHE Honor’s Program Trip to Belize

Following a strenuous selection process, Hannah McDonald and Colleen Michaels have been selected to represent Edinboro University and the Edinboro University Honors Program during the PASSHE Summer Honors Program hosted by Mansfield University. They will depart for Belize to explore “Politics and Cultures in Belize,” an Honors course that incorporates an integrated and interdisciplinary perspective to four broad themes: 1) the political system; 2) globalization; 3) the role of “eco-tourism”; and 4) multicultural diversity. Hannah and Colleen will join representatives from other PASSHE universities.

“I applied for this trip because I wanted to see and experience the world that I live in and learn things that I wouldn't be able to by staying where I am my whole life. This trip will give me an experience of a lifetime and hopefully traveling abroad will teach me some things about myself as well as my world.”
- Hannah McDonald

Colleen said “I am ecstatic to go on this trip, I hope to get out of the experience a new appreciation for diversity and a closer look at other cultures. I plan to join the peace corps when I graduate and this would be one step closer to understanding the lives and experiences of others. I also hope to take away key similarities and differences that could be applied to our society and to my future profession to impact people in a positive way.”
- Colleen Michaels
Honors Students Jordan Gregor and Barbara Israelson applied to and were selected to attend the Conference for Undergraduate Women in Physics (CUWiP) at Princeton University in New Jersey in January with approximately 300 other aspiring female physicists.

According to the website, CUWiP “are a set of regional conferences to be held January 13-15 at ten different locations around the US with the aim of encouraging young women to continue in physics.” Undergraduates were invited to attend professional conferences that feature talks by prominent female physicists, laboratory tours, a career fair, and a variety of workshops on topics like grad school, women in STEM, and future careers in physics. The lectures the students attended featured a series of interesting topics, including ones on how to fight imposter syndrome in science and mental illness.

“It as an amazing experience and it made me all the more sure that I want to pursue physics. It helped remind me that I belong in my field”, Gregor said. Israelson commented that “The Conference for Undergraduate Women in Physics (CUWiP) really empowered me to pursue my dreams, despite the myriad of obstacles that may block my path. I was inspired by all the women I met, my peers, professors, and women in STEM industry. I was challenged to defy stereotypes and to stand up for everyone who is disadvantaged. All in all, it was definitely an experience I needed to4 remind me of my importance and value and to renew my determination to persevere, despite the political climate that we are now in.”

Eating Healthy on a Budget

Scholar-in-Residence Shannon Conner hosted an “Eating Healthy on a Budget” enrichment meeting on Monday, February 6th. During the meeting, she discussed necessary nutrients for body function, what foods are nutritionally sound, how to read food prices per ounce to determine economic value, and gave tips on couponing effectively. After the lecture, Conner prepared a vegetable soup and shared it with attendees.

In case you missed it:
Conner advised students to only buy canned foods in 100% water or fruit juice, not to shop on an empty stomach, buy fruits and vegetables in season, eat less meat, and coupon through online resources and newspapers.
NCHC Call for Submissions

Proposals are now being accepted for the 2017 National Collegiate Honors Council Conference (NCHC). This prestigious annual conference will be held on November 8-12 in Atlanta, Georgia. The theme of this year’s conference is “Just Honors”-- a theme that explores justice as an academic role and how honors students can take part in the fight for equity.

All Honors students and faculty are encouraged to submit a proposal to present their academic work at the conference. Proposals can be submitted for the following categories:

- General sessions
- Research based presentations
- Innovation and best practices in honors education
- Poster sessions
- Research and creative works
- Innovation in best practices in Honors Program
- Student interdisciplinary research panels
- Idea exchange
- Forum on diversity issues
- Forum on international education

The Honors Program will provide financial support for registration and travel costs for students presenting at NCHC 2017. If interested, please apply by March 13, 2017 to the NCHC website: http://www.nchchonors.org/events/2017-conference/submit-a-proposal
Schedule of Enrichment Meetings

**Honor’s Program**

*Schedule of Enrichment Meetings*

The following enrichment meetings will be offered this semester. Each student is required to attend at least one enrichment meeting each semester.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, February 6</td>
<td>7:00 PM</td>
<td>Scholar Event: Eating Healthy on a Budget <em>you must sign up for this meeting outside of the Honor's Office</em></td>
<td>Earp Hall 1st Floor Lounge</td>
</tr>
<tr>
<td>Friday, February 24</td>
<td>6:30 PM</td>
<td>E.A.R.S. (Erie Area Rabbit Society)</td>
<td>Earp Hall Classroom</td>
</tr>
<tr>
<td>Sunday, February 26</td>
<td>2:00 PM</td>
<td>Dumplings with Dr. Chen</td>
<td>Highlands 6 Ground Floor Conference Room</td>
</tr>
<tr>
<td>Sunday, March 5</td>
<td>2:00-4:30 PM</td>
<td>The Effect of Therapy Dogs on Honor’s Students With Becki Leonard</td>
<td>2nd Floor of the Library</td>
</tr>
<tr>
<td>Wednesday, March 29</td>
<td>5:00 PM</td>
<td>Pirate History with Dr. Jerra Jenrette</td>
<td>Earp Hall Classroom</td>
</tr>
<tr>
<td>Monday, April 10</td>
<td>8:45 PM</td>
<td>Education and Self Advocacy with Professor Marc Smith</td>
<td>Earp Hall Classroom</td>
</tr>
<tr>
<td>Tuesday, April 25</td>
<td>6:00 PM</td>
<td>Scholar Event: Logic and Team Building</td>
<td>Earp Basement</td>
</tr>
<tr>
<td>Thursday, May 4</td>
<td>8:00 PM</td>
<td>Scholar Event: Writing Letters to Soldiers</td>
<td>Earp Hall 1st Floor Lounge</td>
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</tbody>
</table>

**Honor’s Office:**
103 Earp Hall
814-732-2981

Spring 2017