

EDINBORO UNIVERSITY OF PENNSYLVANIA
CURRICULUM REQUIREMENTS
 Bachelor of Science in Health and Physical Education
 Concentration: Human Performance

Student: _____ ID# @ _____ Term: _____

I. GENERAL EDUCATION (48 SH)

	SH	Grade	Date
A. Skills (12 SH)			
ENGL101 College Writing Skills	3		
ENGL102 Writ/Research	3		
MATH104 Finite Mathematics	3		
CSCI104 or higher CSCI course	3		

B. Core (21 SH)

1. Artistic Expression (3 SH)			
2. World Civilizations (3 SH)			
3. American Civilizations (3 SH)			
4. Human Behavior (3 SH)			
PSYC101 General Psychology	3		
5. Cultural Diversity & Social Pluralism (3 SH)			
6. Ethics (3 SH)			
7. Natural Science (3 SH)			
PHYS101 Physical Science			

C. Distribution (12 SH)

1. Humanities & Fine Arts (3 - 6 SH)			
2. Social & Behavioral Sciences (3 - 6 SH)			
3. Science & Math (3 - 6 SH)			
	3		

Six (6) semester hours with the same prefix in one area of distribution and three (3) semester hours in each of the other two areas of distribution

D. Health & Physical Education (3 SH)

Health Lecture:	2		
And			
Phy. Ed. Activity:	1		
Or			
Health Lecture & Activity	(3 SH)		

II. REQUIRED CORE COURSES (24 SH)

	SH	Grade	Date
HPE265 Health Emergencies	3		
HPE311 Planning & Evaluation In HPE	3		
HPE384 Technology Integration HPE	3		
HPE406 Worksite Field Experience.	3		
HPE496 Internship in HPE	12		

III. CONCENTRATION COURSES (42 SH)

	SH	Grade	Date
HPE132 Health & Fitness Promotion In The Workplace	3		
HPE222 Principles of Fitness Instr.	3		
HPE270 Sports Nutrition	3		
HPE300 Applied Human Anatomy & Physiology for HPE I	3		
HPE301 Applied Human Anatomy & Physiology for HPE II	3		
HPE310 Care and Prevention of Athletic Injuries	3		
HPE314 Kinesiology	3		
HPE350 Exercise Physiology I	3		
HPE360 Adapted Health/Phys Ed	3		
HPE400 Critical Issues In Health	3		
HPE402 Legal Aspects of Spt/Rec	3		
HPE410 Facility Mgmt/Oper	3		
HPE450 Exercise Physiology I	3		
HPE470 Research In Human Perf.	3		

IV. REQUIRED SUPPORTING COURSES (3 SH)

	SH	Grade	Date
ENGL404 Technical Writing	3		

V. FREE ELECTIVES (3 SH)

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TOTAL# (120 SH)

#Note: At least 42 semester hours must consist of advanced coursework

(Approved: March 2008; Effective 200830)
 (Revised: 201110, Printed: 201110, Dec. 2011)

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