

**EDINBORO UNIVERSITY OF PENNSYLVANIA**  
**CURRICULUM REQUIREMENTS**  
 Bachelor of Science in Health and Physical Education  
 Concentration: Health Promotion

Student: \_\_\_\_\_ ID# @ \_\_\_\_\_ Term: \_\_\_\_\_

**I. GENERAL EDUCATION (48 SH)**

SH Grade Date

<b>A. Skills (12 SH)</b>				
ENGL101	College Writing Skills	3		
ENGL102	Writ/Research	3		
MATH104	Finite Mathematics	3		
CSCI104	Essential Computing I	3		

**B. Core (21 SH)**

1.	<b>Artistic Expression</b>	(3 SH)		
2.	<b>World Civilizations</b>	(3 SH)		
3.	<b>American Civilizations</b>	(3 SH)		
4.	<b>Human Behavior</b>	(3 SH)		
5.	<b>Cultural Diversity &amp; Social Pluralism</b>	(3 SH)		
6.	<b>Ethics</b>	(3 SH)		
7.	<b>Natural Science</b>	(3 SH)		

**C. Distribution (12 SH)**

1.	<b>Humanities &amp; Fine Arts</b>	(3 - 6 SH)		
2.	<b>Social &amp; Behavioral Sciences</b>	(3 - 6 SH)		
3.	<b>Science &amp; Math</b>	(3 - 6 SH)		
	BIOL101 Human Biology	3		

Six (6) semester hours with the same prefix in one area of distribution and three (3) semester hours in each of the other two areas of distribution

**D. Health & Physical Education (3 SH)**

Health Lecture:	_____	2		
And				
Phy. Ed. Activity:	_____	1		
Or				
Health Lecture & Activity		(3 SH)		

**II. REQUIRED CORE COURSES (27 SH)**

SH Grade Date

HPE265	Health Emergencies	3		
HPE300	Applied Anatomy & Physiology in HPE*	3		
HPE311	Planning & Evaluation In HPE	3		
HPE315	Management Of Sport & Physical Education Programs	3		
HPE395	Internship in HPE	12		
HPE405	HPE Field Experience.	3		

\*BIOL101 must be completed before this course is scheduled.

**III. CONCENTRATION COURSES (42 SH)**

SH Grade Date

COMM312	Group Discussion	3		
COMM325	Interpersonal Communications	3		
COMM365	Speech Communication In Public Relations	3		
HPE132	Health & Fitness Promotion In The Workplace	3		
HPE135	Drugs/Alcohol/ Tobacco	3		
HPE245	Human Sexuality	3		
HPE320	Consumer Health	3		
HPE355	Community Health	3		
HPE364	Health Methodology	3		
HPE384	Technology Integration HPE	3		
HPE400	Critical Issues In Health	3		
JOUR360	Writing For Public Relations	3		
PHIL265	Death and Dying	3		
PSYC319	Psychology of Aging	3		

**IV. FREE ELECTIVES (3 SH)**

SH Grade Date

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**TOTAL# (120 SH)**

#Note: A minimum of 40% (48 semester hours) of the entire program must be upper level courses (300 or higher).

(Revised: February 19, 2004)  
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