

EDINBORO UNIVERSITY OF PENNSYLVANIA
CURRICULUM REQUIREMENTS
 Bachelor of Science
Major: Exercise Science (0308)

Student: _____

ID#: @ _____

Term: _____

I. GENERAL EDUCATION (42 - 43 SH)

	SH	Grade	Date
A. Skills (12 SH)			
ENGL101 College Writing Skills	3	_____	_____
ENGL102 Writ/Research Skills	3	_____	_____
MATH104 Finite Math or higher	3	_____	_____
HPE384 Tech Integration in HPE	3	_____	_____

B. Core (21 - 22 SH)

1	Artistic Expression	(3 SH)	_____	_____
2	World Civilizations	(3 SH)	_____	_____
3	American Civilizations	(3 SH)	_____	_____
4	Human Behavior	(3 SH)	_____	_____
	PSYC101 Intro to Psychology	3	_____	_____
5	Cult Div. & Social Plur	(3 SH)	_____	_____
6	Ethics	(3 SH)	_____	_____
7	Natural Science	(3-4 SH)	_____	_____
	PHYS101 or PHYS201	_____	_____	_____

C. Distribution (9 SH)

1	Humanities & Fine Arts	(3 SH)	_____	_____
2	Soc & Behav Sciences	(3 SH)	_____	_____
3	Science & Math	(3 SH)	_____	_____
	STAT260 Elem of Statistics	3	_____	_____

II. REQUIRED CORE COURSES (21 SH)

	SH	Grade	Date
HPE265 Health Emergencies	3	_____	_____
HPE312 Org. Admin. Rec. Sport Prog.	3	_____	_____
HPE384 Tech Integration HPE	*	_____	_____
HPE406 Worksite Field Experience	3	_____	_____
HPE496 Internship in HPE	12	_____	_____

III. MAJOR COURSES (39 SH)

	SH	Grade	Date
HPE132 Health & Fitness Promo in Workplace	3	_____	_____
HPE222 Principles of Fitness Instr.	3	_____	_____
HPE270 Sports Nutrition	3	_____	_____
HPE300 App. Human Anat & Phys for HPE I	3	_____	_____
HPE301 App. Human Anat & Phys for HPE II	3	_____	_____
HPE314 Kinesiology	3	_____	_____
HPE350 Exercise Physiology I	3	_____	_____
HPE360 Adapted Health/Phys Ed	3	_____	_____
HPE365 Exercise Testing & Prescr.	3	_____	_____
HPE402 Legal Aspects of Sport/Rec	3	_____	_____
HPE450 Exercise Physiology II	3	_____	_____
HPE470 Research in Human Perf.	3	_____	_____
HPE223, HPE310, or HPE410	3	_____	_____

IV. FREE ELECTIVES (17-18 SH)

	SH	Grade	Date
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

THIS IS NOT AN OFFICIAL TRANSCRIPT OF RECORD.

TOTAL (120 SH)

Note: At least 42 semester hours must consist of advanced coursework.

*A grade of "C" or better is required for all required Core Courses and required Concentration Courses.

(Revised: January 2020; Approved: April 2020)

(Effective: Fall 2020)