

EDINBORO UNIVERSITY OF PENNSYLVANIA
CURRICULUM REQUIREMENTS
Bachelor of Science
Major: Exercise Science (0308)

Student: _____

ID#: @ _____

Term: _____

I. GENERAL EDUCATION (42 - 43 SH)

		SH	Grade	Date
A. Skills (12 SH)				
ENGL101	College Writing Skills	3	_____	_____
ENGL102	Writ/Research Skills	3	_____	_____
MATH104	Finite Math or higher	3	_____	_____
HPE384	Tech Integration in HPE	3	_____	_____

B. Core (21 - 22 SH)

1	Artistic Expression	(3 SH)	_____	_____
2	World Civilizations	(3 SH)	_____	_____
3	American Civilizations	(3 SH)	_____	_____
4	Human Behavior	(3 SH)	_____	_____
	PSYC101 Intro to Psychology	3	_____	_____
5	Cult Div. & Social Plur	(3 SH)	_____	_____
6	Ethics	(3 SH)	_____	_____
7	Natural Science	(3-4 SH)	_____	_____
	PHYS101 or PHYS201		_____	_____

C. Distribution (9 SH)

1	Humanities & Fine Arts	(3 SH)	_____	_____
2	Soc & Behav Sciences	(3 SH)	_____	_____
3	Science & Math	(3 SH)	_____	_____
	STAT260 Elem of Statistics	3	_____	_____

II. REQUIRED CORE COURSES (21 SH)

		SH	Grade	Date
HPE265	Health Emergencies	3	_____	_____
HPE311	Planning & Eval in HPE	3	_____	_____
HPE384	Tech Integration HPE	*	_____	_____
HPE406	Worksite Field Experience	3	_____	_____
HPE496	Internship in HPE	12	_____	_____

III. MAJOR COURSES (39 SH)

		SH	Grade	Date
HPE132	Health & Fitness Promo in Workplace	3	_____	_____
HPE222	Principles of Fitness Instr.	3	_____	_____
HPE270	Sports Nutrition	3	_____	_____
HPE300	App. Human Anat & Phys for HPE I	3	_____	_____
HPE301	App. Human Anat & Phys for HPE II	3	_____	_____
HPE314	Kinesiology	3	_____	_____
HPE350	Exercise Physiology I	3	_____	_____
HPE360	Adapted Health/Phys Ed	3	_____	_____
HPE365	Exercise Testing & Prescr.	3	_____	_____
HPE402	Legal Aspects of Sport/Rec	3	_____	_____
HPE450	Exercise Physiology II	3	_____	_____
HPE470	Research in Human Perf.	3	_____	_____
HPR223, HPE310, or HPE410		3	_____	_____

IV. FREE ELECTIVES (17-18 SH)

		SH	Grade	Date
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____

THIS IS NOT AN OFFICIAL TRANSCRIPT OF RECORD.

TOTAL (120 SH)

Note: At least 42 semester hours must consist of advanced coursework.

*A grade of "C" or better is required for all required Core Courses and required Concentration Courses.

(Revised: September 2017; Approved: June 2019)

(Effective: Fall 2019)