

**Recommended Course Sequence**  
**Bachelor of Science in Health and Physical Education - Teacher Certification (0237)**

Semester 1	Semester 2	Semester 3	Semester 4	Semester 5	Semester 6	Semester 7	Semester 8
ENGL 101 College Writing Skills (3 Credits)	ENGL 102 Research Writing (3 Credits)	Distribution 3 BIOL 101 Human Biology (3 Credits)	HPE 222 Principles of Fitness Instruction (3 Credits)	HPE 300 App Anatomy & Physiology for HPE I (3 Credits)	HPE 301 App Anatomy & Physiology for HPE II (3 Credits)	HPE 314 Kinesiology (3 Credits)	HPE 495 Student Teaching (12 Credits)
HPE 133 Personal Health (3 Credits)	HPE 135 Alcohol, Tobacco, and Drug Education (3 Credits)	HPE 215 Swimming/Tumbling/ Adventure Activities (3 Credits)	HPE 245 Human Sexuality (3 Credits)	HPE 306 Classroom Management in HPE (3 Credits)	HPE 311 Planning & Eval in HPE (3 Credits)	HPE 384 Tech Integration in HPE <i>Computer Competency Course</i> (3 Credits)	
HPE 220 Basketball/Soccer/Track & Field (3 Credits)	HPE 278 Physical Education in Elementary School (3 Credits)	HPE 225 Volleyball/Softball/ Football (3 Credits)	SPED 210 Intro to Exceptionalities and Special Ed (3 Credits)	HPE 350 Exercise Physiology I (3 Credits)	HPE 315 Management of Sport and PE Programs (3 Credits)	HPE 405 HPE Field Experience (3 Credits)	
HPE 265 Health Emergencies (3 Credits)	MATH 105 College Algebra or Higher (3 Credits)	HPE 230 Golf/Tennis/Badminton (3 Credits)	CORE 3 (3 Credits)	HPE 360 Adapted Physical Education (3 Credits)	HPE 364 Health Methodology (3 Credits)	SPED 370 Adapt/Accom in Inclusive Settings (3 Credits)	
MATH 104 Finite Math or Higher (3 Credits)	CORE 1 (see PDE Lit Course Requirement) (3 Credits)	CORE 4 PSYC 101 Intro to Psychology (3 Credits)	CORE 6 (3 Credits)	Distribution 2 (3 Credits)	HPE 400 Critical Issues in Health (3 Credits)	CORE 2 (3 Credits)	
		CORE 5 SEDU 271 Education in Multicultural Schools (3 Credits)	Distribution 1 (see PDE Lit Course Requirement) (3 Credits)			CORE 7 (3 Credits)	

 General Education Requirements

 Major Requisites

 Free Electives

 Major Foundation Requirements

 Major Courses

Effective Fall 2017