

**Recommended Course Sequence
Bachelor of Science: Exercise Science (0308)**

Semester 1	Semester 2	Semester 3	Semester 4	Semester 5	Semester 6	Semester 7	Semester 8
ENGL 101 College Writing Skills (3 Credits)	ENGL 102 Research Writing (3 Credits)	HPE 300 App Anatomy & Physiology for HPE I (3 Credits)	HPE 384 Tech Integration in HPE (3 Credits)	HPE 314 Kinesiology (3 Credits)	HPE 360 Adapted Physical Education (3 Credits)	HPE 311 Planning & Eval. In HPE (3 Credits)	HPE 496 Internship in HPE (12 Credits)
HPE 132 Health/Fitness Promotion in Workplace (3 Credits)	HPE 222 Principles of Fitness Instruction (3 Credits)	CORE 7 PHYS 101 Physical Science (3 credits) -or- PHYS 201 Physics 1 (4 Credits)	HPE 301 App Anatomy & Physiology for HPE II (3 Credits)	HPE 350 Exercise Physiology I (3 Credits)	HPE 365 Exercise Testing & Prescri. (3 Credits)	HPE 406 Worksite Field Experience (3 Credits)	
HPE 265 Health Emergencies (3 Credits)	CORE 6 (3 Credits)	HPE 270 Sports Nutrition (3 Credits)	HPE 223, HPE 310, OR HPE 410 (3 Credits)	HPE 402 Legal Aspects of Sports/Rec (3 Credits)	HPE 450 Exercise Physiology II (3 Credits)	Distribution 2 (3 Credits)	
MATH 104 Finite Math or Higher (3 Credits)	Free Elective BIOL 101 Human Biology (3 Credits)	CORE 1 (3 Credits)	CORE 3 (3 Credits)	Distribution 3 STAT 260 Elements of Statistics (3 Credits)	HPE 470 Research in Human Performance (3 Credits)	Free Elective (3 Credits)	
CORE 4 PSYC 101 Intro to Psychology (3 Credits)	Free Elective (3 Credits)	CORE 2 (3 Credits)	CORE 5 (3 Credits)	Distribution 1 (3 Credits)	Free Elective (3 Credits)	Free Elective (3 Credits)	
				Free Elective (3 Credits)			

 General Education Requirements

 Major Requisites

 Free Electives

 Major Core Courses

 Major Courses

Effective Fall 2019