#### EDINBORO UNIVERSITY OF PENNSYLVANIA

# Utilization of Ghering Health and Wellness Center Services Policy No. DO11

Supersedes Policy No. D001 dated 6/23/89, 9/11/92, 5/9/95, 2/11/07, 4/15/07 and 6/7/16

Recommended for Approval by: \_\_\_

Dr. Fai Howard, Interim Dean of Students and Campus Life

Approved by:

Dr. H. Fred Walker, President

Effective Date

Review Date: As Required

### INTENT

It is the intent of this Policy to define the protocols regarding use of services at the Ghering Health and Wellness Center of Edinboro University of Pennsylvania (hereafter called Health and Wellness Center) and to limit the utilization of medical and counseling services by non-students. Such limitations are necessary to insure that Edinboro University of Pennsylvania students receive the most prompt and efficient care available at the Health and Wellness Center.

## **DEFINITIONS**

- A. Counseling and Psychological Services (CAPS): An entity within the Ghering Health & Wellness Center that provides counseling for personal, social, and emotional concerns, as well as brief psychotherapy, crisis intervention, group and personal development opportunities, prevention and outreach services, psychological assessment, consultation and referrals.
- B. Crisis Intervention: Services in response to situations that require immediate or sameday intervention. A crisis situation might involve such circumstances as suicide risk or experience of a physical or sexual assault.
- C. **Emergency Medical Care:** Treatment of a condition diagnosed by a Student Health Services staff physician, nurse practitioner (NP), or registered nurse (RN) as needing immediate action to prevent serious impairment, dysfunction or death.
- D. **Student:** For the purposes of the Health and Wellness Center, a student is defined as an individual currently enrolled at Edinboro University of Pennsylvania and not otherwise restricted from attending classes (for disciplinary and/or medical reasons) by the University. To be eligible for services the individual must have paid the Health and Wellness Center Fee in the current semester or allow the fee to be charged to their Edinboro University student account.
- E. Urgent Medical Care: Treatment of a condition diagnosed by Student Health Services' providers as requiring prompt attention, but does not pose an immediate health threat.

### **POLICY**

- 1. Counseling and Psychological Services will be provided during regular office hours.
- 2. Student Health Services will provide all required reasonable and necessary episodic medical care to Edinboro University of Pennsylvania students needing such services during regular office hours.
- 3. Student Health Services will provide emergency or urgent medical care for an illness or injury to all students, faculty, staff and/or University guests/visitors during regular office hours'. Afterwards, appropriate referrals will be made for faculty, staff, guests and visitors who present with urgent medical needs.
- 4. Student Health Services will provide crisis intervention services when CAPS 1s not available.

## **PROCEDURES**

Service provided for eligible students include the following:

- 1. Counseling Counseling and Psychological Services will be provided consistent with conditions, guidelines, and limits established by CAPS Director. Students needing services outside of the resources available at CAPS will be referred to sources of help on campus and/or off-campus.
- 2. Episodic Care The Student Health Services physicians, Nurse Practitioners (NP), and/or registered nurses (RN) will serve as the first medical contact(s) and assist with follow up care. Student Health Services will also refer students to specialists. This type of practice characterizes activities of general practitioners, family physicians and general internists.
- 3. Emergency Care Student Health Services will provide emergency or urgent medical care for an illness or injury to faculty, staff, and or University guests/visitors during regular office hours. Afterwards, appropriate referrals will be made for faculty, staff, guests and visitors who present with urgent medical needs. In addition, Student Health Services may assist the Office of Environmental Health and Safety with the administration of the following work or employee-related services which include, but are not limited to:
  - Work-related immunizations and tests;
  - First aid for Worker Compensation issues;
  - Medical evaluations for the University's Respiratory Protection program;
  - CPR/AED and first aid training; or
  - Urgent care needs such as blood pressure check.

University employee will not be assessed a health fee for above referenced services.

4. Urgent Care - Student Health Services will treat conditions that require prompt attention, but do not pose an immediate, serious health threat.

- 5. Limited In-patient Care Student Health Services will provide an observation room for short-term needs of University students. Observation is limited to the acute stage of an illness or injury; until such time that the student is able to return to classes. If a positive response to medical or nursing care does not take place, the patient will be referred home for care or to another health care facility of his/her choice.
- 6. Isolation Facilities Student Health Services will make arrangements for one private room with available private bathroom facilities for isolation care until the student is either transported home or transported to another health care facility.
- 7. Allergy Injections Allergy injections are given only when precise, written orders are signed by the prescribing allergist. The patient must be current with his/her therapy and must supply his/her own specialized extracts. Registered nurses will administer the injections only when a Student Health Services physician or nurse practitioner is on the premises.

All services are confidential. Only the student, or legally designated guardian, can sign for release of medical information, unless otherwise directed by law.

## RELATED UNIVERSITY POLICIES

- A018 Self-Medication
- A059 Student Victims of Sexual Assault
- A069 Student Exposure to Blood Borne Pathogens or Other Potentially Infectious Materials
- A070 Mandatory Health Insurance for International Students
- F012 Waiver of Health Center Fee for Employees Enrolled as Student

## **CONTACT INFORMATION**

Contact	Office	Address	Telephone
Director	Ghering Health and	McNerney Hall	814-732-2743
	Wellness Center	300 Scotland Road	
		Edinboro, PA	
Director	Counseling &	McNerney Hall	814-732-2252
	Psychological	300 Scotland Road	
	Services	Edinboro PA	